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#### REVIEW ARTICLE

# Secure Protocols for Industrial IoT Communication in Cyber-Physical Systems: A Review of Challenges and Defense Strategies

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Abstract— The fourth industrial revolution, or Industry 4.0, employs cutting-edge computer and networking technology to automate, rely on, and intelligently make production processes. This is achieved through the usage of the Industrial Internet of Things (IIoT). Intelligent industrial ecosystems are made possible through the integration of sensing, computation, and actuation in Cyber-Physical Systems (CPS). However, the confluence of HoT and CPS in communication protocols and architectures exposes systems to risks such as denial-of-service attacks, man-in-the-middle assaults, and data breaches. These threats impair confidentiality, integrity, and availability; furthermore, they are caused by vulnerabilities. This paper explores the numerous challenges, potential threats, and solutions in the field of secure communication protocols for IIoT-enabled CPS by reviewing current practices in the field. It examines existing approaches including TLS, DTLS, IPsec, CoAP, MQTT-S, and OPC-UA, along with advanced techniques such as blockchain-based authentication, software-defined networking (SDN), semantic security ontologies, and federated learning. By analyzing their scalability, efficiency, and resilience, this review identifies research gaps and offers insights into building secure, trustworthy, and robust IIoT-CPS communication frameworks for Industry 4.0. The results could help academics and industry professionals improve industrial security designs and ensure the secure rollout of smart manufacturing ecosystems in the future.

Keywords—Industrial Internet of Things (IIoT), Cyber-Physical Systems (CPS), secure communication protocols, Industry 4.0, Encryption Techniques, End-to-End Security.

#### I. INTRODUCTION

Industry 4.0 has revolutionized industrial environments by integrating Cyber-Physical Systems (CPS) and the Industrial Internet of Things (IIoT) to build smart, autonomous systems [1]. The IIoT allows for adaptive control, data interchange, and real-time monitoring by connecting equipment like sensors, actuators, and robots using sophisticated communication protocols [2]. The fundamental principles of Industry 4.0 are upheld by this integration, which

incorporates digital-physical integration from beginning to finish, vertical integration inside industrial systems, and horizontal integration across value networks [3].

The Cyber-Physical System (CPS) is a key component that permits this change because it unifies feedback-driven systems that combine computational parts with physical processes (such as sensing and actuation) [4]. CPSs operate with minimal human intervention, capturing data via sensors such as RFID tags and transmitting it to cyber components, often deployed on cloud platforms, for intelligent decision-making and precise control. When implemented in industrial contexts, CPS evolves into Industrial CPS (I-CPS)[5]. While I-CPS offers improved automation, scalability, and operational efficiency, its failure may cause severe consequences for system productivity and safety[6].

The increasing integration of IIoT and CPS introduces significant security challenges. DoS/DDoS attacks, replay attacks, data tampering, and privacy breaches are only some of the risks that systems in large-scale, heterogeneous, and resource-constrained networks confront [7]. Moreover, industrial environments impose strict real-time requirements where even minor delays in security operations can compromise reliability. Security concerns must therefore be prioritized, particularly because IIoT-enabled CPS is now central to critical sectors such as energy, healthcare, manufacturing, and national security.

To address these issues, researchers and practitioners have developed secure communication protocols and defense strategies tailored to IIoT environments. These approaches focus on minimizing vulnerabilities, preserving confidentiality, integrity, and availability (CIA), and ensuring interoperability across heterogeneous devices and networks[8]. This survey paper reviews the challenges and defense strategies in implementing secure protocols for IIoT communication in CPS, with a particular focus on building trusted, resilient, and efficient communication channels in the era of Industry 4.0.

#### A. Structure of the paper

The structure of this paper is as follows: Section II presents the fundamentals of Industrial IoT (IIoT) driven Cyber-Physical Systems (CPS). Section III outlines secure protocols for IIoT in the context of the threat landscape. Section IV reviews security challenges in IIOT and CPS. Section V discusses research gaps, limitations, and emerging trends in secure protocol design. In Section VI, discusses potential avenues for further research.

### II. FOUNDATIONS OF INDUSTRIAL IOT-DRIVEN CYBER-PHYSICAL SYSTEMS

The term "Industry 4.0" describes the most current phase of technical development in manufacturing and automation that has been put into place to boost efficiency and production. The HoT and I-CPS are two significant viewpoints that emerge from Industry 4.0 [9]. entirely, I-IoT integrates cutting-edge IoT technology into manufacturing and industrial automation systems, enabling the identification and connection of numerous devices and equipment [10]. As an extension of conventional CPS, I-CPS means the integration of cyber and physical systems for automation, resilience, security, and command and control. While traditional CPS has expanded its use beyond its initial critical systems applications, such as power generation, transportation, and infrastructure, it remains an important tool in these fields. I-CPS, or industrial cyberphysical systems, allow for more efficient and effective automation and production in the manufacturing sector.

#### A. CPS for Smart Environments

The National Science Foundation's Helen Gil introduced CPS in 2006 as a means of connecting the physical and virtual realms by integrating networking, computation, and storage. In industrial environments, CPS enables the realization of Smart Factories through seamless interaction between physical processes and computational intelligence. Internet of Things (IoT) and IIoT, distributed computing, real-time embedded systems, industrial control systems, wireless sensor networks, fog, edge, cloud computing, M2M communication, and adjacent domains are all closely related [11]. Evolving from real-time systems, CPS emphasizes the interconnection of devices through Internet protocols, requiring interdisciplinary approaches to manage increasing interdependence between computational and physical elements [12]. The layered architecture of CPS comprises physical devices and communication interfaces at the foundation, a middleware layer linking CPS nodes, units, and systems, and a computation layer responsible for data collection, integration, processing, and interpretation using both batch and stream computing are shown in figure 1, thereby enabling secure and intelligent decision-making in complex industrial environments.

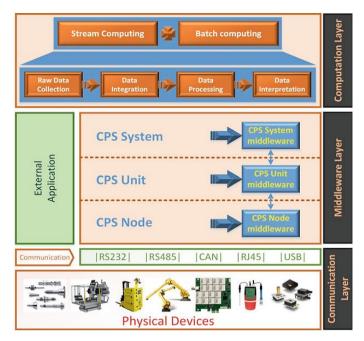


Figure 1: CPS architecture

#### B. Architecture of HoT

Smart grids and intelligent transport are two examples of the many uses made possible by the connectivity of physical components that make up CPS. Industrial CPS (I-CPS) is based on the idea of the IIoT, which expands the concept of the IoT beyond its consumer-oriented scope and into industrial domains. The IIoT does this by linking intelligent devices with control and management platforms, which in turn increases automation, efficiency, and productivity. In a typical threelayer architecture, the IIoT sees the following components: sensors, actuators, industrial robots, and manufacturing equipment; the communication layer integrates networking technologies like WSANs, 5G, M2M, and SDN for large-scale connectivity; and the application layer supports smart factories, plants, and supply chains with real-time monitoring and control [13]. Collectively, these layers ensure interoperability, scalability, and efficient coordination in IIoT-enabled industrial systems, as illustrated in Figure 2.

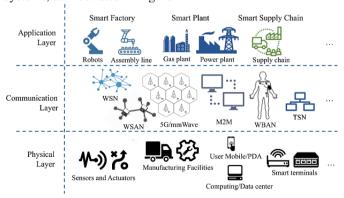


Figure 2: I-IoT System Architecture.

#### C. Applications of HoT in CPS

Cyber-Physical Systems (CPS) benefit from the IIoT's increased monitoring capabilities, workplace optimisation capabilities, and efficiency. Figure 3 shows some of its many uses, which include enhancing industrial performance and making smarter decisions through the use of automated control, intelligent data analysis, and interconnected equipment [14]. The applications of IIoT are depicted in Figure 4 and explained as follows:

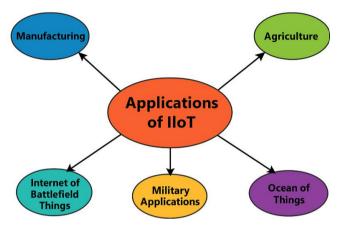


Figure 3: Applications of IIoT

Here are the applications of IIOT in Cyber-physical systems are as follows:

#### 1) Manufacturing:

IIoT transforms manufacturing by enabling real-time data collection from machines and production lines, improving efficiency and customer responsiveness. Insights derived from sensor data help optimize processes, reduce product waste, and accelerate response times, driving the vision of Industry 4.0 and Smart Factories.

#### 2) Agriculture:

Monitoring weather variables (such as precipitation, humidity, wind speed and direction, soil composition, temperature, and insect infestation) is just one of many possible agricultural applications for the IoT [15]. Improving farming processes, minimizing waste, and increasing crop yields and quality are all possible thanks to this data.

#### 3) Military Applications:

IoT technologies are mostly employed in the military province for inspection, investigation, and other operations pertaining to combat. This makes use of several smart technologies suitable to the battlefield, such as sensors, robots, biometrics, and vehicles.

#### 4) Internet of Battlefield Things:

The IoT is a promising new technology that could revolutionize military operations by facilitating real-time monitoring of equipment, vehicles, and personnel as well as enhancing communication and coordination. The IoBT improves protection and efficiency by linking smart devices in combat zones.

#### 5) Energy Management:

Energy Management IIoT plays a vital role in monitoring and optimizing energy consumption in industrial plants, smart grids, and buildings. Real-time energy analytics enable predictive load management, reduction of wastage, and improved sustainability, contributing to cost savings and environmental efficiency.

### III. SECURE PROTOCOLS FOR HOT COMMUNICATION

IIoT communication depends on secure methods to keep data sent private, error-free, and accessible (CIA) [16]. Several widely adopted protocols provide varying levels of protection across different layers of the communication stack:

- Transport Layer Security (TLS): Provides end-to-end encryption and authentication over TCP-based connections, ensuring secure communication channels between IIoT devices and servers.
- Datagram Transport Layer Security (DTLS): An adaptation of TLS designed for UDP, making it suitable for latency-sensitive and lightweight IIoT applications while maintaining confidentiality and integrity.
- IP Security (IPsec): Commonly employed for secure tunnelling and VPNs in IIoT networks, it functions at the network layer to encrypt, authenticate, and verify the integrity of IP-based communications.
- Message Queuing Telemetry Transport-Secure (MQTT-S): A security-enhanced, lightweight publish/subscribe communications protocol designed for IIoT settings with limited bandwidth and resources.
- Constrained Application Protocol (CoAP): Web transfer protocol enhanced for low-capacity devices and networks; typically DTLS or OSCORE-protected.
- Open Platform Communication: Industrial automation has embraced the Unified Architecture (OPC-UA) due to its built-in security features, which include authentication, encryption, integrity protection, and granular access control.

#### A. Communication technologies used in HoT

In IIoT, effective communication is the backbone that links sensors, machines, and control systems. These technologies bridge the perception layer with processing layers like edge or cloud, ensuring data flows quickly and reliably [17]. Depending on needs, devices connect directly via network protocols or through smart gateways. Common options include Wi-Fi, Ethernet, Bluetooth, NFC, LPWAN, ZigBee, LTE-M, and NB-IoT, each suited for specific industrial scenarios.

 WiFi and Ethernet: A versatile and widely used wireless technology suitable for LAN/WAN environments, providing high-speed communication for industrial and office settings and Ethernet, a reliable wired technology used in LAN/WAN networks, supporting stable communication between devices and compatibility across media types such as copper and fiber optics.

- **Bluetooth:** A lot of people use this wireless technology to set up personal area networks, which allow them to share data over relatively short distances.
- NFC: A wireless technology known as Near Field Communications (NFC) allows for safe short-range communication between smart devices. Conventional wisdom holds that NFC has a communication range of roughly 10 cm.
- LPWAN: Low-Power Wide-Area Networks are radio technologies that enable long-distance communication. The most prominent low-power wide-area network (LPWAN) technologies are LoRa, Sigfox, and Nwave. Sending less data over greater distances is the usual use case for LPWANs, in contrast to other wireless technologies like Wi-Fi and Bluetooth.
- **ZigBee:** Based on IEEE 802.15.4, this protocol is widely applied in sensor networks, supporting low-data-rate communication with standards like ISA-100.11a and Wireless HART.
- LTE-M (Long Term Evolution for Machines): A cellular-based LPWA technology that connects IoT devices, sensors, and actuators efficiently over wide areas.
- NB-IoT (Narrowband IoT): A standards-based LPWA technology that improves power efficiency, spectrum usage, and capacity for large-scale IoT deployments in smart industries.

#### B. Key models of Communication in IIOT

A system of networked sensors, devices, and systems used for monitoring, collecting, and analyzing data in industrial settings is called the IIoT. Reduced downtime and increased automation in industries like manufacturing, energy, and logistics are the end results of its principal objective of optimizing operating efficiency, increasing productivity, improving safety, and enabling predictive maintenance [18]. The key models include:

- Machine-to-Machine (M2M): Streamlines automation and real-time data transmission by allowing industrial machines and equipment to communicate directly with one another.
- Machine to Cloud (M2C): Predictive maintenance and sophisticated analytics are made possible by industrial equipment communicating with computers in the cloud, which store, process, and analyze massive statistics.
- Machine to Human (M2H): Facilitates human-machine interaction by means of interfaces; this permits control, monitoring, and adjustments in response to real-time feedback.
- Machine to Enterprise (M2E): Streamlines business processes and improves decision-making by combining machine data with ERP and SCM platforms.

#### C. Security Requirements in IIoT Communication

The IIoT is dependent on a wide-ranging ecosystem that includes sensors, networks, platforms for processing data (such the cloud and the edge), and new technologies like LoRaWAN and NB-IoT. As a result, its security challenges extend beyond individual components to encompass the entire IIoT environment from physical device protection to secure communication, data storage, and application-level safeguards[19]. Addressing these challenges requires well-defined security requirements across the architecture, which include.

- Confidentially: Ensures protection against unauthorized access or disclosure of information. Mechanisms must secure device connections, safeguard stored data (data-at-rest), protect transmitted data (data-in-transit), and ensure analytical results delivered to end-users remain confidential.
- Integrity: Guarantees consistency, accuracy, and trustworthiness of IIoT data and services throughout their lifecycle. Mechanisms should detect and prevent unauthorized modifications such as insertion, deletion, or replay of data.
- Authentication: Verifies that entities in communication are legitimate. This involves authentication of devices ("things") and confirmation of data origin to prevent impersonation attacks.
- Authorization and Access Control: Prevents misuse of IIoT resources by ensuring only authorized devices and users can access networks, while edge devices enforce verification of access rights to collected data.
- Availability: Ensures IIoT resources remain accessible and operational at all times. Security mechanisms must mitigate or detect denial-of-service (DoS) and other disruptions that threaten system uptime.

### IV. SECURITY CHALLENGES AND DEFENSE STRATEGIES IN HOT-ENABLED CPS

Industrial IoT-enabled Cyber-Physical Systems (IIoT-CPS) face significant security challenges, including vulnerable components, legacy systems, increased interconnectivity, and human factors. These weaknesses expose industries to cyber risks such as man-in-the-middle attacks, denial-of-service, and malware injection. Addressing these threats requires holistic approaches that integrate IT/OT security, robust protocols, and awareness to ensure reliability, availability, and resilience in smart industrial environments.

#### A. Security Challenges

Even with the significant benefits of adopting Industry 4.0 technologies and transforming critical infrastructure into smart systems, notable security challenges remain [20]. Consequently, industries must address several key security challenges, a few of which are outlined below:

#### 1. Vulnerable Components

Many IIoT devices were not designed with security-by-design principles, making them attractive targets for cyberattacks[21]. As systems transition from closed environments to

interconnected CPS, vulnerabilities must be managed across IT, OT, and physical layers.

#### 2. Increased Interconnectivity

The attack surface grows in tandem with the increased connectivity across organisations, IT, and OT environments, which streamlines operations. Threats can develop in industrial control system (ICS) environments due to unsecured network connections, insecure technology deployment, and insufficient security policies.

#### 3. Legacy Systems

Outdated industrial systems often lack modern protection mechanisms. Integrating new IIoT devices with legacy hardware exposes hidden vulnerabilities, creating pathways for attackers.

#### 4. Human Factors

Employees remain a critical weak link in security. Lack of awareness about cyber risks, combined with threats such as phishing, makes human error a frequent entry point for attacks in industrial environments.

#### B. Attack vectors in IIoT-based CPS

Integrating Cyber-Physical Systems (CPS) with the IIoT leaves them vulnerable to numerous attack vectors because of their extensive connectivity and limited resources. Many common entry points for attacks are:

#### 1. Man-in-the-Middle (MITM) Attacks

MITM, also known as an on-path attack, occurs when an attacker positions themselves between two communicating parties to intercept or manipulate data exchanges [22]. These attacks threaten all three elements of the CIA triad: confidentiality, integrity, and availability, along with authentication and authorization mechanisms. MitM in IoT, dividing into passive and active categories (Figure 4), highlights attacks like eavesdropping, spoofing, and tampering.

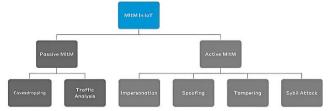


Figure 4: Passive and active man-in-the-middle attacks

MITM attacks are generally categorized into two types:

- Passive MITM: Eavesdropping is a common method by which an attacker listens to communications in secret without changing them. Sensitive data such as login credentials or financial information can be stolen if traffic is not properly encrypted.
- Active MITM: The attacker performs more than just listen in on conversations; he or she actually inserts or changes messages in transit. Common examples include impersonation, spoofing, and data tampering.

#### 2. Denial of Service (DoS/DDoS)

Denial of Service (DoS) attacks pose a major challenge in IoT and CPS environments, where resource-constrained devices are easily overwhelmed, making systems unavailable and reducing trust in transmitted data[23]. A variety of attacks can disrupt operations by taking advantage of vulnerabilities in networks. Some examples are denial-of-sleep, path-based DoS, jamming, wormhole, vampire, carousel, and stretch assaults [24]. Distributed Denial of Service (DDoS) is an even more destructive variant that employs a network of infected devices, or botnets, to overwhelm servers and networks with spam, wasting resources and interrupting regular communication. This kind of attack can severely harm industrial infrastructures.

#### 3. Malware injection

Malware refers to malicious software designed to perform harmful activities on industrial systems, devices, or networks. In the context of ICS and CPS, malware can disrupt operations, render systems inoperable, or enable remote control by attackers, leading to severe consequences. Ransomware attacks are particularly critical, as they can paralyse Industrial Automation and Control Systems (IACS), compromise system integrity, and cause significant financial loss [25]. Beyond economic damage, malware infections in smart factories and industrial environments pose serious risks to safety, health, and the environment, making them one of the most dangerous threats in IIoT-enabled infrastructures.

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Malware	Description				
Worms	Their presence does not infringe upon any other programs. These entities not only exist, but also function autonomously and reproduce themselves.				
Viruses	Although they can independently infect and parasitize other programs, they can self-replicate while doing so.				
Trojans	They appear as legitimate software in order to conceal their true intentions and carry out harmful activities without the ability to replicate themselves.				
Spyware	They enter into users' systems undetected and gather personal data without their knowledge or consent.				
Ransomware	Their service encrypts users' sensitive data and then charges for decryption.				
Backdoor	They work in a way that go around the usual authentication process by using the covertly implanted communication connection path.				

#### C. Defence Strategies in HOT-CPS

The increasing interconnection of devices in IIoT-enabled CPS introduces new vulnerabilities, making robust defense strategies essential to ensure data integrity, confidentiality, and system availability. A wide range of mechanisms has been proposed to counter these threats, focusing on intrusion detection, trust management, anomaly detection, access control, and privacy preservation, while also addressing the energy constraints of industrial devices.

1) Intrusion Detection Systems (IDS): IDS monitor IIoT networks for malicious activities[26]. Signature-based, anomaly-based, and hybrid IDS are used, with

- lightweight designs tailored for resource-constrained devices.
- Blockchain-based Trust Management: Reduce dependency on centralized authority and single points of failure using blockchain's decentralized, tamperproof records and smart contracts for secure access control [27].
- 3) AI/ML-driven Anomaly Detection: ML and DL models detect abnormal behavior in real time[28], enabling proactive defense against advanced persistent threats and zero-day attacks.
- 4) Access Control and Identity Management: A lightweight identity scheme supports methods like capability-based access control, role-based access control, and attribute-based access control, which safeguard the IIoT from unauthorized access.
- 5) Secure Data Aggregation and Privacy Preservation: Homomorphic encryption, differential privacy, and secure multiparty computation protect sensitive industrial data while allowing analytics.
- 6) Energy-Efficient Security: Lightweight cryptography, energy-aware IDS[29], and optimization strategies balance robust security with the limited resources of IIoT devices.

#### V. LITERATURE OF REVIEW

This section reviews secure communication approaches in Industrial IoT-based cyber-physical systems, with emphasis on privacy-preserving intrusion detection, semantic security ontologies, blockchain-assisted authentication, and SDN-enabled lightweight intrusion detection.

Kayode Saheed and Ebere Chukwuere (2025) provide a novel approach to preserving user privacy in CPS-IIoT cyberattack detection using agglomerative clustering and BiLSTM integrated with scaled dot-product attention. Particularly designed for CPS-IIoT environments, suggested solution has agglomerative clustering and a scaled dot product attention mechanism. These mechanisms adaptively modify their emphasis to prioritize crucial features within the CPS-IIoT network traffic data, providing additional computational resources to data segments that are likely to include abnormalities and patterns that indicate security issues. They evaluated the performance of proposed model by conducting experiments on two relevant datasets: UNSW-NB15 and a novel IIoT dataset named X-IIoTID [30].

Jarwar, Watson and Ali, (2025) offer a thorough evaluation by conducting a systematic study of ontologies and important security properties necessary for simulating the safety of IIoT settings. Academic papers, ontologies for semantic security, and cybersecurity standards are all part of comprehensive review. Based on findings, uniform security ontologies designed for IIoT may be built around key security concepts and attributes. They also investigate the possibility of incorporating ontologies into the Industry 5.0 model, which prioritises sustainability, resilience, and human-centeredness.

Although ontologies provide the ability to represent structured data, they do not yet adequately address the specific security requirements of Industry 5.0, which are characterised by increased collaboration and adaptability [31].

Belay, Rasheed and Rossi, (2025) propose DTKD-Fed, a novel semi-supervised DDoS detection framework that integrates digital twin technology with federated knowledge distillation. By leveraging digital twins as virtual replicas of IoT devices, the proposed method enables continuous learning and decentralized model training without requiring labeled data or sharing raw data. The DTKD-Fed framework enhances real-time anomaly detection and mitigates DDoS attacks while maintaining data privacy [32].

Gyamfi et al., (2024) proposes a novel IIoT network security using federated blockchain (FB) and machine learning-based (ML) verification. MEC optimizes the FB model to ensure data integrity and confidentiality between the IIoT's local network cluster and external devices. Data within the local network cluster is secured with public-key cryptography. The ML-based verification model ensures legitimate key-pair updates and device joining in MEC-assisted IIoT. This approach outperforms conventional security solutions in scalability, data privacy, and adaptability to IIoT network changes. present a detailed implementation and evaluate its performance using a realistic IoT testbed, showing improved network security while maintaining the performance and scalability of MEC-assisted IIoT systems [33].

Irshad *et al.*, (2023) propose a novel SDN-supported approach to three-factor authenticated key exchange (SUSIC) for the IIoT ecosystem. If an SDN-enabled controller node is used to conduct mutual authentication, then a registered user can access real-time data from a physical IIoT environment using the SUSIC database. Following thorough official and informal security testing, the scheme was found to be secure. Simulation findings and performance evaluations also point to a more favourable compromise between security features and computational overheads. Several innovative applications have arisen as a result of the convergence of cyber-physical systems (CPSs) with the rapidly expanding information and communication technology (ICT) sector. These include smart grids, public safety, intelligent transportation, smart logistics, and remote healthcare [34].

Attkan and Ranga, (2022) delve into the topic of classic key security measures while methodically surveying current trending technologies from the perspective of Internet of Things security. Integrating the IoT, blockchain technology, and authentication based on AI in cybersecurity is the subject of this article's thorough and high-quality research. Because it helps its users live better lives and stay up with technical developments in the cyber-physical world, the IoT has been getting a lot of attention recently. There is a wide variety of underlying technologies and storage file types utilised by the IoT edge devices. In order to communicate data securely, these devices must first authenticate each other using highly secure methods of mutual authentication [35].

Table 2 summarizes the literature review by outlining the

purpose, methodology, main results, obstacles, and suggested next steps for each study.

Table 2: Summary of Literature on Secure Protocols for HoT Communication in CPS							
Reference	Study On	Approach	Key Findings	Challenges	<b>Future Direction</b>		
Kayode Saheed et.al, (2025)	Privacy-preserving cyber-attack detection for CPS- IIoT	Pearson correlation + agglomerative clustering + BiLSTM with scaled-dot product attention; evaluated on UNSW-NB15 and X- IIoTID using a CPS-IIoT testbed	Very high detection performance on UNSW- NB15 (Acc 99.60%, AUC 100%, Precision 100%, Recall 97.98%, F1 98.23%); X-IIOTID used as realistic IIoT benchmark	Potential generalisability to unseen IIoT protocols/devices; computational cost of attention & clustering in real-time CPS	Validate on larger, heterogeneous IIoT deployments; optimise for real-time/edge deployment and resource constraints		
Jarwar, et.al. (2025)	Systematic review of security ontologies for IIoT	Systematic literature review of semantic ontologies and standards for IIoT security	Identifies key security concepts/attributes and gaps in existing ontologies; finds limited alignment with Industry 5.0 goals (humancentricity, resilience, sustainability)	Lack of standardised, security-by-design ontologies; poor semantic mapping and sociotechnical coverage	Develop holistic, standardised IIoT security ontologies addressing sociotechnical aspects and Industry 5.0 requirements		
Belay, et.al. (2025)	Semi-supervised DDoS detection for IoT	DTKD-Fed: digital twin + federated knowledge distillation; semi-supervised, privacy-preserving, decentralized learning	Demonstrates high detection accuracy and scalability without sharing raw data; continuous learning using digital twins	Complexity of maintaining accurate digital twins; communication/compute overhead in federated setup	Improve twin fidelity and efficiency; test in large-scale, real-world IIoT deployments and heterogeneous networks		
Gyamfi et al., (2024)	IIoT security using federated blockchain & ML verification	MEC-assisted federated blockchain for key management + ML verification for device joining/key updates	Enhances data integrity/confidentiality and scalability; ML verification reduces illegitimate key updates	Overhead of blockchain/MEC integration; latency and resource demands on constrained IIoT devices	Lightweight blockchain primitives, optimized MEC orchestration, and energy-aware ML verification for constrained devices		
Irshad et al., (2023)	SDN-enabled IIoT 3- factor authenticated key exchange	Cryptographic authentication controller with SDN mediation; formal/informal security analysis	Proven secure under analysis; favorable trade- off between security features and computational overhead (simulation results)	Centralisation risk (SDN controller as attractive target); deployment complexity in heterogeneous IIoT	Decentralized/resilient controller architectures, hardware-friendly implementations, and real-world testbed validation		
Attkan et.al. 2022	IoT security mechanisms, authentication, and integration with blockchain & AI	Systematic survey of trending technologies and traditional key security mechanisms	Provides a comprehensive review of authentication methods and session key management; highlights integration of blockchain and AI for enhanced cybersecurity in IoT	Heterogeneity of IoT edge devices; diverse storage formats; need for highly secure mutual authentication	Development of standardized secure authentication protocols; adoption of AI and blockchain for scalable IoT security; addressing interoperability of heterogeneous devices		

#### VI. CONCLUSION AND FUTURE WORK

Secure protocols for Industrial IoT communication in Cyber-Physical Systems (CPS) have been critically examined, highlighting their central role in enabling trusted and resilient Industry 4.0 ecosystems. While IIoT-enabled CPS accelerate automation and intelligence, they remain highly exposed to multifaceted threats stemming from vulnerable components, legacy infrastructures, human-centric weaknesses, and increased interconnectivity. Attack vectors such as man-in-the-middle, denial-of-service, and malware injection directly compromise confidentiality, integrity, and availability, necessitating robust defense mechanisms. Recent advances, including privacy-preserving intrusion detection, semantic

security ontologies, blockchain-assisted authentication, federated learning, and SDN-enabled anomaly detection, demonstrate strong potential by enhancing scalability, data confidentiality, and adaptability across heterogeneous industrial environments. Nonetheless, limitations such as computational overhead, latency constraints, semantic misalignment, and centralization risks continue to challenge secure protocol design, particularly in resource-constrained IIoT settings.

Future research should prioritize the development of lightweight, real-time, and adversarially robust security protocols tailored for IIoT-CPS. Key directions include resilient SDN controllers, energy-efficient blockchain integration, standardized semantic ontologies aligned with Industry 5.0, and

adaptive intrusion detection optimized for edge and fog deployment. Large-scale validation across heterogeneous industrial testbeds will be critical to ensure practical applicability, resilience, and long-term sustainability of next-generation secure industrials ecosystems.

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